



HIGH PERFORMANCE
**ATHLETE
PROGRAMME**



TYNDALE
CHRISTIAN SCHOOL
God's Truth Prevails

—
INTENTIONALLY
CHRISTIAN
INCLUSIVE
EXCELLENT

Your Athletic and Academic Journey

Are you a high performing athlete with ambitions to elevate your performance on the field, explore opportunities in health and sports industries, or aim for a college scholarship in the US? Our High Performance Athlete Programme is designed to support your aspirations, blending elite sports training with academic pathways. Students in Years 9, 10, 11, and 12 are invited to express their interest in our elite programme, which is available at no additional cost to the current school fees for those who are selected.

Programme Overview

- Be part of a supportive network of top athletes.
- Have access to a group of experts in human performance, coaching, and health.
- Receive personalized training plans tailored by our experienced Exercise Physiologist.
- Enjoy the privilege of training in our state-of-the-art Human Performance Centre, equipped with the latest in high-performance training technology.
- Benefit from specialized injury rehabilitation support and guidance from our Exercise Physiologist.
- Gain insights and advice on a multitude of post-school pathways, both in Australia and internationally.
- Participate in two dedicated training sessions per week under the expert supervision of our Exercise Physiologist.



Additionally, Tyndale offers students additional unique opportunities:

- The chance to pursue a US Sporting Scholarship with direct support from our on-site US Sports Scholarship Manager.
- A comprehensive selection of sports-related academic subjects in the Senior School curriculum, including Physical Education, Active Learning, Scientific Studies – Human Performance, Nutrition, Biology, and an exclusive Certificate III in Fitness program on campus.
- Various opportunities to represent the school in sporting events.

How to Apply

Applications open in late Term 3, and places are limited. Prospective students will have an interview with our Director of Sports, Pathways Centre Leader, and senior teaching staff. We're looking for students who:

- Currently competing in their chosen sport at a high level
- Are deeply invested in their future career goals
- Maintain strong academic grades (minimum C grades)
- Follow Tyndale's RISE principles

To find out more about the High Performance Athlete Programme and the application process, please contact The Sports Department on **08 8282 5186** or sports@tyndale.sa.edu.au





HIGH PERFORMANCE ATHLETE PROGRAMME

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Members of the Tyndale Christian School Group:

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